

Talk To Me Nice

60 Daily Affirmations for Positive Self Talk



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Introduction

TIME TO TALK TO YOURSELF NICE

Daily affirmations are a helpful and gentle reminders to out to talk to yourself in a post way so that you can grow in self-love and empowerment. They are the powerful statements that give you positive thoughts, shape our attitudes, and guide our actions. With every affirmation we say to ourselves, we sowing a seeds of positivity and curating a mindset of growth, resilience, and unwavering faith.

In this digital book you will find 60 daily affirmations to help you start talking to yourself nicer and help become a better, more confident version of you. Highlight or circle the affirmations that really speak to your heart & mind, and rewrite them somewhere that you will always see these gentle reminders for yourself.

Remember you deserve to talk to you NICE!

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TALK TO ME NICE

Self-Love Affirmations

1	I am deserving of love and respect.
2	My mistakes don't define me.
3	I am a powerful woman.
4	I am beautiful inside and out, flaws and all.
5	I have a powerful voice, and I deserve to be heard and respected.
6	I deserve to have healthy relationships in my life.
7	I am a queen and I deserve to be loved, respected, and appreciated
8	I embrace my unique journey and trust the path that I am on.
9	I deserve to rest and do self-care
10	I am powerful and capable of achieving anything I set my mind to.

TALK TO ME NICE

Self-Love Affirmations

11	I embrace my unique qualities and celebrate my individuality.
12	I am beautiful, both inside and out, and I exude confidence.
13	I am deserving of love, respect, and success in all areas of my life.
14	I am a woman of courage, stepping out in faith to fulfill God's purposes.
15	I let go of comparison and focus on my own unique journey.
16	I am a vessel of God's grace and love, bringing light to those around me.
17	I am an advocate for my own needs and prioritize self-care.
18	I am blessed with divine favor and opportunities that align with God's will.
19	I forgive myself for past mistakes and embrace personal growth.
20	I am grateful for all the blessings in my life, big and small.

TALK TO ME NICE

Self-Love Affirmations

21	I attract positive and supportive relationships into my life.
22	I embrace my flaws and imperfections, because they make me who I am.
23	I am proud of the woman I am becoming and embrace my journey of self-discovery.
24	I am a woman of purpose, fulfilling the unique calling God has placed on my life.
25	I am worthy of happiness and fulfillment in all aspects of my life.
26	I let go all self-doubt and embrace my true potential.
27	I am clothed in the armor of God, protected from spiritual attacks.
28	I am enough, just as I am, and I embrace my worthiness.
29	I am allowed to set boundaries for myself and my protection.
30	I am a warrior, and I can conquer any obstacle in my path.

TALK TO ME NICE

Self-Love Affirmations

31	I will not allow self doubt to keep me from going after my dreams.
32	I will not allow the opinions of others make me feel like I am not enough.
33	I am a valuable asset to the world.
34	Nothing can stop me from becoming who I am suppose to be.
35	I have the power to create anything I truly put my mind to.
36	I am a great person.
37	I an not defined by my failures.
36	I am a resilient woman but I am allow to put my superhero cap down sometimes.
39	I am a confident woman who things and feels highly of herself.
40	I am working to heal my heart daily,because I deserve to live a happy and whole life.

TALK TO ME NICE

Self-Love Affirmations

41	I deserve the things that I desire.
42	I am in control of my own happiness and choose to focus on the positive.
43	I embrace my authenticity and let go of the need for approval from others.
44	I am grateful for all the lessons and experiences that have shaped me.
45	I trust in my abilities and know that I can handle any challenge that comes my way.
46	I am the only person that can stop me from being great so I will not allow that to happen.
47	I am a fierce Queen.
48	I am in control of my own emotions and I choose to have positive ones.
49	Everyday I have another chance to become a better version of myself.
50	I let go of negative thoughts to make room for thoughts that empower me.

TALK TO ME NICE

Self-Love Affirmations

51	I will not allow the negative opinions of others keep me from becoming the best version of myself.
52	I deserve to be happy no matter what past mistakes I have made.
53	I am blessed with divine favor.
54	I am a light in the darkness and a reflection of God's love.
55	I deserve to heal from the hurt of my past.
56	I have the courage to face all the challenges that come my way and will overcome them.
57	I am beautiful inside and out, and my light shines bright.
58	I am unstoppable.
59	I have gratitude for the journey that I am own in my life.
60	I am a divine Queen who is fearfully and wonderfully made.

Thank You!

Thank you for supporting DivinelyCROWN'D with your purchase. I hope you found these affirmations to be value to your personal growth and empowerment.

-Davina

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